

# A TTITUDE

## दृष्टिकोण

***Only an attitude makes a man big or small.***

—Ram Bajaj

***दृष्टिकोण ही इंसान को छोटा या बड़ा बनाता है।***

—राम बजाज

**What** will you think if you see a glass half filled with water?

(1) Glass is **half-filled** with water

Or

(2) Glass is **half empty**.

**Only** this answer will reflect the direction of your life and thinking. One of these answers will relate a tale of success while the other will tell a tale of failures.

If the first one is your answer, you have a positive attitude and the same attitude will take you to the heights of the sky supported by your hard work and moral values.

If your answer is the second one, perhaps it might make a reverse tale that will lead you to the bottom of the earth. People with such thinking have negative attitude.

***There is no greater curse in life than disappointment.***

—Vivekanand

***जीवन में निराशा से बड़ा कोई अभिशाप नहीं है।***

—विवेकानन्द

**What is Attitude?**

**दृष्टिकोण क्या है ?**

**Man** himself is the creator of his own destiny. He keeps on accumulating a capital (wealth) of his behaviour and thoughts daily. Each day he learns something new and adds to his knowledge. From this wealth, emanates the pleasure of that person. Feelings like courage, motivation, passion, fear and hatred also emanate from the same wealth. We live according to this wealth, work, toil and pay attention to good or bad moral values. In the same wealth process of covering and uncovering the mind goes on. If we keep watching the process besides living, new covers can be prevented and old ones can be removed. This maintains a clarity of the view that we call attitude.

It is human nature to blame others for his own faults. With this nature he tries to prove himself right and others wrong. This is called Negative View. Such a person tries to blame his parents, wife or some friends for his failure. All these excuses come under the definition of negative attitude. All of us have these kinds of experiences to some extent.

Principle of *Vasudhaiv Kutumbakam* (whole world one family) is the basis of Positive Attitude. Base of a person with positive attitude is founded on a feeling of love and attachment for the country, society and self. Whereas a negative attitude comes from fear of insecurity and immaturity.

***A body burdened by useless worries and pressures takes towards the negative thinking.***

—Saint Ravi Shankar

***व्यर्थ चिंता व बोझों से दबा शरीर ही  
नकारात्मक सोच की ओर ले जाता है।***

—संत रवि शंकर

**If you are not physically fit,  
you can't have a positive attitude.**

—Ram Bajaj

यदि आप शारीरिक तौर पर स्वस्थ नहीं हैं  
तो सकारात्मक दृष्टिकोण रख ही नहीं सकते।

— राम बजाज

**Dejection makes the possible impossible**

— Jaishankar Prasad

निराशा संभव को असंभव बना देती है।

— जयशंकर प्रसाद

## Apply God's attitude in life

□ Once Lord Jesus Christ was staying in a village. Villagers brought a woman before him and declared her a prostitute. "Our scriptures (Shastras-code of conduct) say that such a woman who is indulged in prostitution must be stoned to death. Hence, we are pelting stones at her," said the people and began to pelt stones at the woman. The woman lay prostrate before Lord Jesus Christ helplessly.

The situation was indeed complicated for Lord Jesus. Scriptures did indeed instruct about such a treatment with the promiscuous woman and the people were hell bent at showering the woman with stones in the excuse of following the scriptures. Moreover, if Jesus said that the scriptures were right he would have sentenced the woman to death and the villagers would have questioned if the sermons and rules like 'not to protest against the evil' won't apply here? So, did Jesus Christ have somewhat different attitude for the woman?

Jesus Christ thought for a few moments and asked the people to wait a while.

He said, "O, villagers, scriptures and code of conduct and rules are right. If a person indulges in promiscuity must be stoned to death. But in my view only such person has a right to pelt the stones, which has never indulged in promiscuity, or even thought of it. Hence, my view in this case is that only such people will have a right to pelt stones at the woman, who are fit on this criterion. Otherwise a person unfit on this criterion cannot hit the woman."

At the words of Jesus Christ people began to look at one another's face. One by one they dropped the stones and slowly the mob dispersed. Except Jesus Christ and the woman, all other people went to their homes.

From an impartial and just point of view the entire character of a person is constructed. Attitude tends to become positive and negative depending upon the environment and circumstances. Character of a person today is highly distorted because attitude of entire human society seem to have become distorted and negative. More than often, human being lacks as moral and spiritual strength as is required to manage ideal character, ideal desires and greatness. In such a situation, a person turns his attitude to a negative direction.

**Hope and despair in life are like the Sun and shade.**

—Emerson

जीवन में आशा तथा निराशा धूप-छांव की तरह हैं।

— इमर्सन

## North & South Attitude

उत्तर और दक्षिण दृष्टिकोण

**Often a man is trapped in the net of his own Attitude**

—Ram Bajaj

मनुष्य स्वयं अपने दृष्टिकोण (Attitude) के जाल में फँस जाता है।

— राम बजाज



*In the ancient time, God created a man and dictated him to descend on a beautiful riverbank (southern) where people with positive attitude dwelled enjoying all pleasures. Dwellers on the northern bank were the people with Negative Attitude who were living with their griefs with all their 'sins'.*

*As the God-created man was about to descend at the prescribed place, he found people from both the groups. On the one bank stood people with Positive Attitude in a pleasant mood. On the other bank, there was a mob of negative people with no sign of pleasure.*

*Seeing the positive and negative people on the southern and northern banks of the river respectively, the man asked, "Friends! I want to play with the waves of this beautiful river and want to descend on earth. Which bank should I descend?"*

*Positive people requested the new man to descend on their side of the riverbank and said that all the pleasures on earth were present there. "You please, descend on our side of the bank? Hearing the pleasing words of the positive people, the man had just proceeded towards that southern bank when the people with negative thinking said, "No friend. Not there. Come to our side (northern bank). Southern bank is a land of positive thinking and pleasures. You will get nothing lifelong. There is no selfishness on that land; all the people are living with peace and pleasure. What is the use of such a life friend, when you get nothing but pleasures?"*

*New man then stepped towards the northern bank. Positive people screamed, "What are you doing, friend? Don't be foolish. Identify us with knowledge. Our's is the only bank where people descend with courage and high morale. From here, we (positive*

*attitude) escort the new comers on the way of success and take them to heaven." At the mention of heaven, man's heart began to move again.*

*But the negative thinking of the man was not ready to quit. People with negative attitude also screamed, "Don't be mad, O new friend. Who has seen the heaven? Who knows the future of man? Path of success is zigzag. You descend on our bank."*

In the modern age also people with opposing ideologies (attitude) are drawing you. Both of them have equal force, but as soon as one of them gets stronger, attitude of man will incline to it. It is regrettable today that most of the people are bending towards negative attitude.

Our attitude depends on how we react to or take the success and failures in life and what is the basis of our future decision. Our attitude decides how we take the failures. For a person with positive attitude, failures might be a ladder for new success, while for one with negative attitude a failure may be an obstacle in the way. In whatever field you work, foundation of your success is only one and that is your attitude. It is your attitude that takes you towards success and achieving your target. The more huge and higher a tree is, the deeper and stronger will be its roots. Small trees have short and weak roots. Such as a strong foundation is required for a strong building, similarly you need a strong base for success and it is founded on and only on your attitude.

***Despair is a result of foolishness***

**—Disraeli**

***निराशा मूर्खता का परिणाम है।***

**—डिज़रायली**