

MOTIVATION

प्रेरणा

***Motivation is that drop of blood,
which keeps a man alive.***

—Ram Bajaj

***प्रेरणा रक्त की वह बूँद है
जो इंसान को जिन्दा रखती है।***

—राम बजाज

What is Motivation after all?

आखिर प्रेरणा है क्या ?

Every person is unique in himself. Every person has a desire to do something new forever. This is fire or flame. And to keep this fire burning is called the arousing of Motivation of a man.

Hence, implication of Motivation is to arouse the desire of a man and to infuse a new lease of life in him.

If the oil tank of a car is empty, its engine cannot start no matter how long you insert the key in it and turn on ignition. But as soon as you fill petrol and try to start it again, its engine starts at once. So regard petrol as the motivation for the car. Same thing applies on human beings also. All you need is to fuel the engine of your spirit and trigger your emotions. This is the Motivation.

What is the Technical Definition of Motivation?

प्रेरणा की तकनीकी परिभाषा क्या है ?

Motivation is the act of stimulating someone or the self to get desired course of action.

अभिप्रेरणा या प्रेरणा किसी व्यक्ति या स्वयं को इच्छित कार्य को करने के लिए प्रेरित करने की प्रक्रिया है।

Motivation is mainly a psychological fact which is related to a man's internal forces that stimulate him to ignite or not to ignite in a certain way.

Motivation is necessary for a person or the self to be prepared mentally or psychologically.

All human beings are endowed with physical, mental (or intellectual) and technical ability to do a work. All the human races have this ability. But it is not necessary that all human beings will have the willingness to work. They may be willing or may not be. Hence, motivation is nothing but stimulating a desire in a person or the self or spontaneous generation of such a desire.

At a prison in Paris, France, a prisoner was serving 20 year of imprisonment for a crime. Frustrated by his weak economical condition, he had attempted to murder a man. But for his good conduct in the prison, the government cut short his duration of imprisonment.

Unfortunately, another prisoner was sent to the same barrack for one-month imprisonment. He was a young businessman, who had attempted suicide because of heavy loss in the business. He was caught for attempt to suicide and had been sentenced to one-month imprisonment as punishment.

When the first prisoner, who was passing 20 year imprisonment, came to know about the matter, he consoled the young prisoner, "You are young and your health is sound. After one month you will be released. To fall or stumble is not failure; failure is in

conceding defeat. Great men always regard failure as the ladder to success. Greatest weakness of a man is not in stumbling to fall but in not to get up again after falling. Give up frustration and start a new business with hard work. You will certainly succeed.”

Young prisoner was very much impressed to hear such motivating words from a prisoner, who had spent more than 10 years behind bars. He thought, “If this prisoner, whose life has been spoiled, might see the life with such a hope, I have then too many hopes remaining in my life.”

Getting released after one month, the young man once again started his business with double enthusiasm and zeal. Now he is a rich merchant and happy in every way.

He says, “Secret of my success is the motivation by the prisoner, who had inspired me to begin a new life.”

Occasionally it may happen that you begin to think yourself quite inferior because of failures, inferiority complex or bad habits.

Then it may also happen that during the moments of dire worries or by some sudden shock some internal force; some inner inspiration arises in your mind.

Your power (spirit or latent power) will be energized then.

At that moment you will be determined to undertake an assignment of doing something extraordinary. You need to generate just a spark then. This spark will automatically burst into a flame and soon become a blaze. Ultimately, your inner self will be inspired to decide whence you reach where.

Every person has a dual personality: an outward personality that deals with the world and an inward personality. There is a man inside everyone, which is the source of all strength. But the problem is that the inner personality remains asleep most of the time and needs to be awakened up. It wakes up

only when a strong dose of motivation is given. As soon as it gets the dose the inner personality becomes extremely possessive and bold and makes full efforts to realize all the desires and emerges successful in the end.

This personality is workaholic. With the rising of motivational Sun, this personality wakes up.

You too have this personality within you. But as long as it sleeps, you cannot do anything. Motivator is something that wakes the sleeping one up. And motivation is that, which wakes up the second person (spirit) within you.

You possess the motivational key to open the doors to success. So use motivation to open these doors. It is very sad that too many people keep on waiting lifelong for some miracle or magic to happen for them.

They always see a hope that perhaps by some magic their luck will change. It is the greatest error on their part. They ought to know that there is no magic in the world that could change the luck.

Only you are the magic for your luck. With your toil, with diligence and with a clear goal you can change your luck. Motivation can be received any time, anywhere and from any source. All that you need is to stimulate your confidence with proper motivation and achieve success in life and to do something extraordinary.

Electric wires have current but we can't see it. This current work continuously.

Your body too has a current but we can't see it but when this current turns into motivation and assumes a form of goal with hard work- we can see it. So identify the power of this hidden current and jump in life with a positive goal and the success will be yours.

☐ *A great musician in the city of New York used to teach music to girls. One of his students had all the characteristics of becoming a good singer. The musician motivated the girl to develop her confidence*